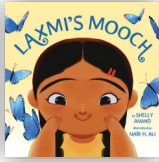


I Love Me!

Here is a list of our favorite books about loving yourself as you are for kids! These titles can all be found in the EASY section of the library, unless otherwise noted!



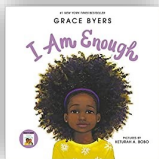
[Laxmi's Mooch](#) by Shelly Anand
E ANAN

A joyful, body-positive picture book about a young girl's journey to accept her body hair and celebrate her heritage. With her parents' help, Laxmi learns that hair isn't just for heads, but that it grows everywhere, regardless of gender.



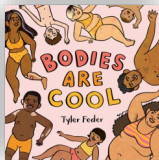
[I Am Every Good Thing](#) by Derrick Barnes
E BARN

Illustrations and easy-to-read text pay homage to the strength, character, and worth of a child.



[I Am Enough](#) by Grace Byers
E BYER

Shares a story of loving who you are, respecting others, and being kind to one another.



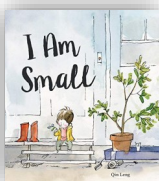
[Bodies Are Cool](#) by Tyler Feder
E FEDE

This body positivity picture book for preschoolers is a joyful read-aloud with bright and friendly illustrations to pore over.



[Eyes That Kiss in the Corner](#) by Joanna Ho
E HO

A self-confident and strong young girl recounts how she shares her eyes--and so much more--with her mother, her amah and her little sister.



[I am Small](#) by Qin Leng
E LENG

Qin Leng recalls her own childhood in this story about a little girl who has always been the smallest: smallest of the family, smallest in school, smallest in a crowd.



[Stella's Stellar Hair](#) by Yesenia Moises
E MOIS

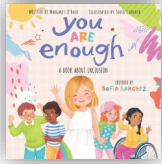
Black girl magic takes the solar system in Stella's Stellar Hair, a celebration of hair, family, and self-love from debut author-illustrator Yesenia Moises!



[Sulwe](#) by Lupita Nyong'o

E NYON

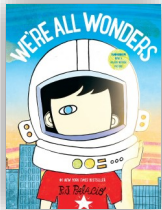
When five-year-old Sulwe's classmates make fun of her dark skin, she tries lightening herself to no avail, but her encounter with a shooting star helps her understand there is beauty in every shade.



[You Are Enough](#) by Margaret O'Hair

E OHAI

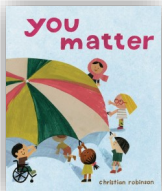
Imagine all of the wonderful things you can do if you don't let anyone stop you! You are enough just how you are. Sofia is unique, but her message is universal: We all belong.



[We're All Wonders](#) by R. J. Palacio

E PALA

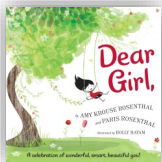
Augie enjoys the company of his dog, Daisy, and using his imagination, but painfully endures the taunts of his peers because of his facial deformity.



[You Matter](#) by Christian Robinson

E ROBI

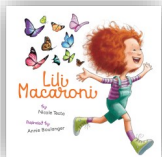
Illustrations and easy-to-read text remind the reader that no matter what happens or how one feels, he or she matters.



[Dear Girl](#) by Amy Krous Rosenthal

E ROSE

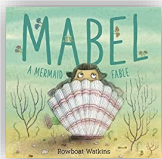
Encourages readers to accept and love themselves as they are and advises them to be confident, curious, adaptable, and willing to speak up.



[Lili Macaroni](#) by Nicole Testa

E TEST

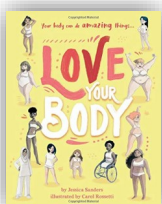
Lili Macaroni loves every feature she has, but when she starts kindergarten she is teased for her traits. Saddened, she creates a polka-dotted butterfly and imagines it flying her sorrows away.



[Mabel](#) by Rowboat Watkins

E WATK

A mermaid named Mabel, who unlike the rest of her family does not have a moustache, and the seven-armed octopus who becomes her friend and helps her see that she is just right the way she is.



[Love Your Body](#) by Jessica Sanders

Y 155.433 SAND

Love Your Body encourages young girls to admire and celebrate their bodies for all the amazing things they can do, and to help girls see that they are so much more than their bodies